

Methylcobalamin (1500mcg) + Alpha Lipoic Acid (100mg) + Vitamin B6 (Pyridoxine) (3mg) + Folic Acid (1.5mg) + Vitamin D3 (1000IU)

Nuroslide D3 Tablet

Methylcobalamin (1500mcg) + Alpha Lipoic Acid (100mg) + Vitamin B6 (Pyridoxine) (3mg) + Folic Acid (1.5mg) + Vitamin D3 (1000IU) Tablet

Composition:

Each tablet contains:

- Methylcobalamin (Vitamin B12) – 1500mcg
- Alpha Lipoic Acid – 100mg
- Vitamin B6 (Pyridoxine) – 3mg
- Folic Acid (Vitamin B9) – 1.5mg
- Vitamin D3 – 1000IU

Description:

This formulation combines a blend of essential vitamins and antioxidants designed to support various bodily functions, including energy production, nerve health, and immune function. Each ingredient contributes to overall well-being:

- **Methylcobalamin (Vitamin B12):** An active form of Vitamin B12 that plays a crucial role in the formation of red blood cells, nerve function, and DNA synthesis. It helps improve energy levels and supports neurological health, especially in individuals with B12 deficiencies or neuropathic conditions.
- **Alpha Lipoic Acid (ALA):** A powerful antioxidant that helps neutralize free radicals and protect the body's cells from oxidative stress. ALA is also beneficial in supporting metabolic health and managing diabetic neuropathy by improving glucose uptake and nerve regeneration.

- **Vitamin B6 (Pyridoxine):** Essential for protein metabolism, brain function, and the production of neurotransmitters like serotonin and dopamine. Vitamin B6 also plays a key role in maintaining the health of the nervous system and supporting red blood cell production.
- **Folic Acid (Vitamin B9):** Folic acid is important for cell division, DNA synthesis, and proper fetal development during pregnancy. It also supports red blood cell formation and is essential in preventing folate deficiency anemia.

Indications:

This combination tablet is recommended for:

- **Vitamin B12 Deficiency:** To treat or prevent B12 deficiency, which can lead to anemia, fatigue, nerve damage, and cognitive issues.
- **Neuropathy:** Beneficial for managing diabetic neuropathy, peripheral neuropathy, or other nerve disorders due to its combination of Methylcobalamin, Vitamin B6, and Alpha Lipoic Acid.
- **Fatigue and Weakness:** Supports energy production and helps combat fatigue, especially in individuals suffering from deficiencies in B12 or other B vitamins.
- **Immune Support:** Vitamin D3 and Alpha Lipoic Acid support immune function, helping the body fight infections and maintain overall health.
- **Pregnancy:** Folic acid is essential during pregnancy to support fetal development and prevent birth defects, making this tablet ideal for pregnant women, especially those who need extra Vitamin B12 and Vitamin D3.

- **Bone Health:** Vitamin D3 aids in calcium absorption, supporting bone density and overall skeletal health.

Dosage and Administration:

- **Adults:**
 - Take 1 tablet daily, or as directed by a healthcare provider.
 - The tablet can be taken with or without food.
- **Pregnancy and Lactation:**
 - Should be used under the supervision of a healthcare provider during pregnancy or lactation to ensure the proper dosage for both maternal and fetal health.
- **Children:**
 - The dosage for children is determined by a healthcare provider based on age, health status, and specific medical conditions.

Precautions:

- **Kidney or Liver Disease:** Use with caution in patients with severe kidney or liver disease, as Alpha Lipoic Acid and other components may need to be adjusted in these conditions.
- **Diabetes:** Alpha Lipoic Acid is commonly used to support glucose metabolism, but diabetic individuals should monitor their blood sugar levels as it may affect glucose uptake and insulin sensitivity.
- **Pregnancy and Lactation:** Consult with a healthcare provider before taking this supplement during pregnancy or breastfeeding.
- **Overdose:** While the ingredients in this product are water-soluble, excess intake should be avoided.

This product is generally well tolerated, but some individuals may experience:

- **Gastrointestinal Symptoms:** Mild stomach discomfort, nausea, or diarrhea may occur.
- **Skin Reactions:** Rare allergic reactions such as rashes, itching, or redness.

Serious side effects are rare but may include:

- **Severe Allergic Reactions:** Symptoms such as swelling of the face, lips, tongue, or throat, or difficulty breathing, which require immediate medical attention.
- **Elevated Blood Pressure:** In rare cases, excessive use of Vitamin D3 may lead to elevated calcium levels, resulting in symptoms such as nausea, vomiting, and confusion.

Storage:

- Store in a cool, dry place at room temperature (15-25°C), away from direct sunlight.
- Keep out of reach of children.

Packaging:

- Available in bottles of 30, 60, or 90 tablets or as per the packaging specifications.

Note:

- This product should be used under the guidance of a healthcare provider to ensure it is appropriate for your individual health needs, particularly if you have existing medical conditions or are taking other medications.

Manufactured in India for:

CafoliTM
L I F E C A R E
Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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